



With competition coming up this month, it is no surprise that so many skaters signed up for the first Skater Showcase! It was an excellent simulation for competition and fun to see the new programs and outfits! We will be holding 4 Skater Showcases in total this season so there will be several opportunities for skaters to have a dress rehearsal in preparation for tests and competitions. It's also a great time to invite family and friends to come watch their skater take center ice!

Important Dates

- Dec 2—Pilates Workshop
- Dec 7-9—Calgary Region Invitational Competition
- Dec 13—last day CanSkate
- Dec 15—Pre-Can/Canskate Christmas party
- Dec 21—Last day STARSkate/ Skate with Santa
- Jan 3-4—Xmas ice available
- Jan 4—Skate Sharpening
- Jan 6—STARSkate resumes
- Jan 8—Winter session of Learn to Skate programs begin

Club News

Alberta Junior Development Team

We are proud to announce that 4 skaters from LBFSC have been named to the Alberta Junior Development Team this year, based on their strong performances at Sectionals! Congratulations to Ethan Cheung, Alexander Eremeev-Raykhert, Cooper Feser and Emma Liew. As members of the Jr Development team, these skaters will be invited to participate in development camps and receive monitoring feedback throughout the year from Skate Canada. Cooper also came in 2nd place in the 2019 Leading Edge Series. This award cumulates the total points from competitions throughout the 2018-2019 season to determine the rankings.



Workshops

We have been so lucky to hear from experts on topics that benefit our athletes. The foam rolling session was a success judging from the number of skaters who walked out with new foam rollers and a commitment to start using them regularly! This month, we are offering a Pilates session to build core strength and next month, we are looking into having a sports psychologist!

STARSkate & CompetitiveSkate News



Fundraising

Thanks to everyone who participated in the Wreath and Purdy's fundraisers! Pick up of the wreaths is scheduled for Dec at 4-6 pm. Watch your email for the chocolate pick up date this month.

We have several big achievements in November to celebrate! Sectionals was very exciting—some of our skaters achieved new personal bests and some even came home with medals! Ethan Cheung and Alexander Eremeev-Raykhert both won medals at their first visit to Sectionals with Ethan coming in 2nd in Pre-Juvenile Men U11 and Alexander coming in 3rd with his new dance partner in Pre-Juvenile Dance. Cooper Feser is the new Sectionals Champion in Juvenile Mens U14. Congratulations to all our skaters who represented the LBFSC so well at Sectionals!

Congratulations also go out to Brenna Campbell who passed her Gold Freeski and Gold Skills test at the recent high test day held at Great Plains arena! Brenna is now Quad Gold, having passed the other 2 Gold tests in the summer. It is an impressive accomplishment to pass all the Gold level tests in a single year!

The Calgary Region Invitational is this month and we have a large number of skaters competing! Check out the Cheering Guide so skaters can support their clubmates. We love seeing photos and sharing them on social media so send your photos to communications@lbfsc.ca Keep in mind that while lower resolution photos are fine for web view, only higher resolution photos can be used for the year end slide show.



Learn to Skate News

We hope everyone had a great time at Mini Competition! Thank you to Simone Saegar-Billing and coach Kristin Raychert for their work in organizing this event and to all the volunteers who helped out!

The Fall session ends this month with the last day of classes being Dec 13th. Coaches will be busy assessing the skaters and will provide ribbons/badges & report cards to CanSkate at the end of the session.

We invite all Pre-Can and CanSkaters to celebrate the coming holidays with a family skating party on Saturday, Dec 15th from 11-12:45 on the small ice. Did you know Santa loves to skate at the North Pole? He will make an appearance at our party to skate with all the nice boys and girls! There will also be delicious treats, hot chocolate and crafts. We hope to see you at the party and even better, back next session!

