



We hope everyone had a wonderful holiday season! We certainly had a busy December with competition, the CanSkate Skate with Santa and the STARSkate xmas party to finish off 2018 with a bang. It is especially heart-warming to see the close friendships that have formed with skaters taking the time to go cheer on their clubmates during competition and having fun with each other on the ice. With such a fantastic group of kids, how can 2019 be anything but great? Happy new year everyone!

### Important Dates

- Jan 3-4—xmas ice available
- Jan 4—Skate Sharpening
- Jan 6—STARSkate resumes
- Jan 8—CanSkate begins
- Feb 1—Photo Night
- Feb 1—Skater showcase
- Feb 6—High test @Glencoe
- Feb 8—Skate Sharpening
- Feb 15-17—Calgary Combined Winter Invitational Competition
- Mar 18—Mini Competition

### Club News

Our club photo night is coming up on Feb 1. Skaters can sign up for individual portraits or for photos with friends. Even if you aren't planning on ordering photos, we encourage all skaters to attend photo night because every skater will get a complimentary club photo as a keepsake. Come dressed as you would for competition and sign up for the Skater Showcase that is scheduled right after the photos.



It's a new year and our skaters are thinking of goals they hope to accomplish in 2019! They had a lot of fun sharing their goals. While most goals involved jumps and spins, remember that our off ice classes can really support these goals. In the Tues and Sun off ice classes, skaters regularly work on stretching, jumping and rolling to keep muscles supple. Yoga helps develop core strength which is needed to hold spin positions and improves overall balance. Ballet students have seen increased artistry and more expressive body movements. All our off ice programs are subsidized by the club and have ongoing registration, with prorated fees so skaters are encouraged to join anytime!

Thanks to everyone who has sent in photos from competition--keep them coming throughout the year! For more photos of the CanSkate and large ice xmas parties, check out the slideshow on our Facebook page!

## STARSkate & CompetitiveSkate News



Erica, Olivia  
Nick  
Justin  
Kaydence  
Emerson  
Cooper, Ethan  
Erika  
Macy  
Jocelyn, Morgan  
Brenna, Meghan

We had many skaters participate in the Calgary STARSkate Invitational in December. There were several different events at this competition. STARs 1-3 received ribbons and assessment sheets to help mark their achievements. Star 4 is the first level where skaters are ranked, but our skaters who competed in STAR 4 for the first time at this competition proved themselves up to the challenge! STAR 7 and 9 are short programs where skaters are limited to a certain number of required elements. The Creative events involve a program focusing on sequences and field moves. We are very proud of all our skaters who trained so hard to prepare for this competition! Congratulations to all!

## Learn to Skate News



It's a new year and a new session for our recreational programs! We are looking forward to welcoming new skaters and welcoming back returning skaters. The coaches and program assistants are looking forward to helping the children develop their skating skills. We are excited to be hosting a mini competition for this session's skaters so mark March 18 on your schedules!

### Calgary Open Invitational Medallists

- Star 4 U10:** Erica Hayman—1<sup>st</sup>,  
Olivia Chen—3<sup>rd</sup>
- Star 4 Boys:** Nick Rasskazov—1<sup>st</sup>
- Star 5 O13:** Kaydence Delon—3<sup>rd</sup>
- Star 5 Boys:** Justin Cheung—2<sup>nd</sup>
- Star 6:** Emerson Flanagan (flight A)—3<sup>rd</sup>  
Erika West (flight E)—1<sup>st</sup>
- Star 6 Men:** Cooper Feser—1<sup>st</sup>  
Ethan Cheung—3<sup>rd</sup>
- Star 9:** Macy Hynes—1<sup>st</sup>
- Star 9 Men:** Cooper Feser—2<sup>nd</sup>
- Bronze Creative:** Jocelyn McKnight—2<sup>nd</sup>  
Morgan Jones—3<sup>rd</sup>
- Gold Creative:** Brenna Campbell—2<sup>nd</sup>  
Meghan Wilcox—3<sup>rd</sup>