



Code of Conduct – Skater STARSkate and Podium Pathway

July 30, 2024

Members/Parents/Guardians are required to review/explain the information in this document to their Skater, obtain the Skater's signature and sign and date themselves.

In accordance with Skate Canada: Safe Sport Program's fundamentals, LBFSC is obligated to provide a positive, safe, accessible, welcoming, inclusive, and respectful environment for everyone, striving to ensure equity and encourage diversity, treating individuals with respect, integrity, dignity and fairness.

In addition, Skate Canada has provided this information:



OBLIGATION TO REPORT

Everyone has an obligation to report actual or suspected behaviours or actions of misconduct in accordance with the National Safe Sport Program. An individual who knowingly fails to report a known actual or suspected behaviours or action of misconduct pursuant to Skate Canada's Misconduct Reporting and Resolution Policy and Procedure may be subject to disciplinary action, at the sole discretion of Skate Canada.

<https://www.integritycounts.ca/org/skatesafe>

There are two parts to this Code of Conduct, Part A and Part B. Each Part is to be signed by both the Skater and Parent/Guardian and returned to the President of LBFSC (email: president@lbfsc.ca) by September 30th annually.

PART A

I, _____ therefore pledge to be responsible for my words and
Skater name (print)

actions and shall conform my behavior to this Code of Conduct:

1. I will:

- a) be at all my registered sessions on time, ready to learn and train throughout the session
- b) come to my session with a plan (my training book, if applicable) and mindset of how this session will help me achieve my goals. I will do my best to keep moving constantly and if unsure of what to practice, I will refer back to my training plan, or speak to my coach when they are available
- c) ask my coach if I need to leave the session before it ends
- d) for On-Ice:
 - i. wear proper, flexible, warm skating attire, including tights, leggings, skating dresses, skirts, comfortable jackets or sweaters, mittens/gloves; I will not wear jeans, hoodies, flared pants, clothing with drawstrings/dangling items and clothing with inappropriate words, gestures or scene
 - ii. wear my long hair pulled back, tidy, and out of my face
- e) for Off-Ice:
 - i. wear comfortable, flexible clothing, including leggings, t-shirts, etc; skating attire is also acceptable
 - ii. wear proper footwear including runners or sneakers; I will not wear flip-flops, boots or slip on shoes
 - iii. tell my coach when the arena staff is required; it is the coach's responsibility to engage the arena staff
- f) only bring a non-glass water bottle with only water in it and store on the boards or bench, while I am on the ice; I understand no food or gum is allowed
- g) only wear one earbud/AirPod, if my coach requires it for a lesson
- h) only use my smart phone, if my coach allows it
- i) get up quickly after a fall, unless I am injured or unable to do so, knowing it is unsafe to remain down
- j) know and follow LBFSC's Ice Etiquette to the best of my abilities:

Ice Etiquette

Jumps	are to be practiced on the perimeter of the ice
Spins	are to be practiced in the centre to maximize the flow of sessions
1st Right-of-Way	The soloist (the skater whose music is being played) has the first right of way. Other skaters must be considerate and

move out of the way for the soloist. If you do not know which way to move, ask your coach for help

2nd Right-of-Way

Skaters in a lesson with their coach have the second right of way. You must allow the skater and coach room to work. Other skaters must choose a different area of ice to work and not disrupt a lesson.

k) be mindful of the space I take up in the Change Room, clean-up after myself and be respectful of the area, personal belongings of others and arena rules

l) lock the Change Room door and bathroom door, when I am the last skater to leave; the key to be left in the coach's bench area for other skaters to retrieve

2. I will try my best:

- a) to skate around skaters and coaches; I will not ask/tell/gesture at: skaters/coaches who are in my way, to move
- b) not to stand in the middle of the ice; if I need a break, I will move to the boards, and will be sure to look both ways before resuming skating
- c) to focus on my goals and not distract others from their lessons or practice
- d) not to disrupt my coach when they are coaching other skaters, unless asking permission to leave the ice or in the case of emergency

3. I promise to:

- a) Be courteous to everyone
- b) represent my home club at events and do my best to represent our Club with dignity and class
- c) demonstrate good sportsmanship, courtesy, consideration and respect towards all others, at all times
- d) not use foul or racist language
- e) not display derogatory, abusive or aggressive behaviour: including physical aggression, eye-rolling, bullying, harassment, slamming of objects, and kicking holes in the ice
- f) treat all LBFSC members, coaching staff, parents, guardians, skaters, guests and arena staff with courtesy and respect

Skater Signature

Skater Name (print)

Date

Parent/Guardian Signature

Parent/Guardian Name (print)

Date

PART B

If mis-conduct has been reported:

- a) for my use of foul or racist language
- b) for my derogatory, abusive or aggressive behaviour: including physical aggression, eye-rolling, bullying, harassment, slamming of objects, and kicking holes in the ice
- c) for my ill-treatment of any LBFSC member, coaching staff, parent, guardian, skater, guest and arena staff

I understand the following disciplinary actions may be applied to me, individually or in combination:

1) Verbal Warning

The warning will be issued from their Coach and Skating Director. The parent/guardian will be informed of warning.

2) Letter of Warning

The Skating Director and Club President will provide a letter to the Skater and parent/guardian stating the actions observed to have violated this Code of Conduct.

3) Apology

Skater will provide a verbal or written apology to offended party.

4) Dispute Resolution Meeting

A meeting will be held with the people concerned.

5) Temporary Suspension

A suspension may include LBFSC on and off-ice sessions, Star 1-5 testing, events, Assessment Days and club competitions.

6) Expulsion

I agree that if I fail to follow this Code of Conduct, I could be subject to the disciplinary actions that have been outlined, depending on the severity of the offence.

Skater Signature

Skater Name (print)

Date

Parent/Guardian Signature

Parent/Guardian Name (print)

Date