



Good Luck to JorDen Tyson!!!



Our regular season ends April 28, but we offer skating year round at LBFSC! Spring skating information is now available on the website for registration. As well as freeskate ice, we have ballet and stroking too! Please direct any questions regarding registration or ice qualifications to our Spring/Summer School director, Coach Leigh, at cowleyd@telus.net

Important Dates

Mar 3—Skater Showcase

Mar 10-12—Calgary Invitational Competition

March 20-22—Test Days

Mar 24-26 STARSkate Championship

March 31-Apr 2 Chinook Open Competition

April 21-23 Sunsational Competition



March is always a very busy month for LBFSC! As you can see, we have several competitions as well as test days coming up this month. So much to look forward to! One of our skaters has been especially looking forward to this month. JorDen Tyson will be heading off to meet the rest of Team Candada in Toronto on March 12. She will then fly out to Austria to represent Canada at the Special Olympics World Winter Games on March 14-25! We are so happy for JorDen to have this special opportunity to compete at the international level!

Thanks to those who attended the AGM!

Club News

PA of the Month

Congratulations to Seema Mustaqeem who has been chosen PA of the month! The coaches like how kind and thoughtful she is with her words of encouragement. Seema keeps the skaters moving which is critical to their progress. As well, she takes advantage of moments to encourage the youner PA's which makes her a real leader all around on the ice!

Casino

Don't forget we also have a casino coming up on June 20-21. By volunteering for a shift, you fulfill **both** volunteer & fundraising obligations for next season! Contact casino@lbfsc.ca for more info!



Seema Mustaqeem

STARSkate/CompetitiveSkate News



Last month, some of our skaters participated at the South Region Open and the Central Alberta Open. Since not all competitions have the Star 1-3 events, it was great that our skaters were able to attend these two competitions for the experience and positive feedback!

Good luck to skaters who will be representing the club at upcoming competitions! Check out our cheering guide so that you can show support to our skaters—it is always heartening to see friendly faces in the audience! Whether it's a Skater Showcase or a competition, the skaters can hear the applause and it gives them a lift. We encourage everyone in the club to applaud, even if you don't know the skater personally and especially if it's a LBFSC skater! We all belong to the same club so show your team spirit at our last Showcase on March 3 & at upcoming competitions!

We had successful test days in Feb. Special congratulations to Seema Mustaqeem who passed her Gold Interpretive and to Meghan Wilcox who passed her Gold level dances—both of these ladies are now Triple Gold! This is a real accomplishment in the sport of figure skating!

Our biggest test day of the season will be happening on March 20, 21st and 22nd. In addition to our own skaters taking tests, we are welcoming skaters from several other clubs to also come and test at LBFSC. As this is our largest test day, we will be looking for several volunteers to help make this test session a success for all the skaters. Please look for upcoming emails with more information on how to sign up as this will be one of the last opportunities for you to meet your Club volunteer commitments for the season.

Stars on Ice

Want to see world class skaters up close? Stars on Ice is coming to Calgary on May 14th. We are able to purchase tickets for a group rate so watch for an email to purchase through the club. We usually sell enough tickets to qualify for free admission to the warm up where our skaters can watch the athletes practice! Program Assistants will all receive a ticket in gratitude of their work this year.

CanSkate/Power News

We are now into our last month of our CanSkate program! Skaters will be receiving their ribbons and report cards when the session ends on April 1. What's next for CanSkaters? We offer a Spring Academy in April! Skaters will have the opportunity to work with our full time coaches on the large ice. It's a great way to continue skating and an introduction to our large ice programs!

Elsewhere the hockey/ringette season may be coming to an end, but our CanPowerSkate program continues until the end of April! If you hear of any skaters who want to keep working on powerskating into the spring, please spread the word that skaters can join in our CanPowerSkate programs at any time. This is a perfect program for dedicated hockey and ringette players!



South Region Open—Medicine Hat		Central Alberta Open—Rocky Mountain House
STAR 1 Katherine Li—Silver Sonya Oliynyk--Silver Michelle Siganur--Silver	STAR 2 Kaitlynn Carver—Silver Brooklyn Zavisha--Gold	STAR 2 Braya Carroll Ethan Cheung--Silver Justin Cheung Kenzie Davidson--Bronze Emesheh Flikkema Vienna Flikkema—Gold Ember Philpott

February Test Days—Feb 12 & 15		
<u>Preliminary Skating Skills</u> Masato Aoyama Kaitlynn Carver Katrina Ebuenga Alexa Saeger-Billing Tara Yang <u>Jr Bronze Skating Skills</u> Raine Wierstra <u>Sr Bronze Skating Skills</u> Natalie Ma <u>Jr Silver Skating Skills</u> Miranda Wilson <u>Sr Silver Skating Skills</u> Nicole Dupuis Kyla Sterna <u>Preliminary Freeskate Elements pt1</u> Kaitlynn Carver <u>Jr Bronze Freeskate Elements pt1</u> Angelica Bathory-Frota Tara Yang Jordan Zavisha <u>Jr Bronze Freeskate Program pt2</u> Angelica Bathory-Frota Tara Yang	<u>Sr Bronze Freeskate Elements pt 1</u> Jane Askham Veronica Yuffa <u>Jr Silver Freeskate Elements Pt1</u> James Keenan Michael Keenan <u>Sr Silver Freeskate Elements Pt1</u> Katerina Murashko Kyla Sterna <u>Dutch Waltz</u> Alexis Hirsekorn Devon Kelly Mila Welch <u>Willow Waltz</u> Alexa Saeger-Billing Katrina Ebuenga Raya Welch <u>Keats Foxtrot</u> Cooper Feser Michael Keenan Jordan Zavisha <u>Harris Tango</u> Jane Martynychew Erika West	<u>American Waltz</u> Natalie Ma <u>Rocker Foxtrot</u> Veronica Yuffa <u>Starlight Waltz</u> Morgan Jones <u>Blues</u> Rylan Vaselenak <u>Killian</u> Jocelyn McKnight Carly Ruhe-Hovdebo Miranda Wilson <u>Viennese Waltz</u> Macy Hynes <u>Westminster Waltz</u> Meghan Wilcox <u>Argentine Tango</u> Nicole Kraft Meghan Wilcox <u>Gold Interpretive</u> Seema Mustaqeem