



We were so pleased to see some new faces at this year's Program Assistant Clinic! These are senior skaters who will be volunteering their time to work with new skaters in our rec programs. Clearly these ladies have a love of skating that they want to share with others. It is great to see them act as positive role models in the club.

This summer, a couple of our skaters took their experience as PA's a step further! Seema Mustaqeem and Natalie Schell attended the 3 day CanSkate instructor course and are currently working through the requirements to become CanSkate certified coaches. These ladies have shown such leadership over the past few years and we are proud of them for taking this next step with their skating!

Thanks to everyone who attended the parent meeting early in September! The parental support means a lot and is what makes this club a great place for your skaters.

We are looking forward to the arrival of our teamwear and seeing skaters wear their club jackets around the rink and at competition. Team wear is expected Oct 23rd so watch your email for pick up info. If you missed this round, another team wear sale is planned for after xmas!



Important Dates

Oct 9—skating as usual on Thanksgiving (am session 7-9)

Oct 31 CanSkate may dress up in Halloween costumes for class!

Nov 2-5 Alberta Sectionals

Nov 11—Canskate class as usual

Dec 4—CanSkate Mini Competition

Dec 15-17—Calgary Open Competition

Reminder: Change rooms are gender specific. This means no dads in the girls' change room nor moms in the boys' room.

Program Assistants 2017-18

Brenna Campbell
 Brooklyn Zavisha
 Elizabeth Murashko
 Emily Berry
 Erika Milcius
 Jocelyn McKnight
 Katrina Ebuenga
 Keara Forbes
 Kyla Sterna
 Miranda Wilson
 Morgan Jones
 Natalie Ma
 Natalie Schell
 Rylan Vaselenak
 Tara Yang



STARSkate & CompetitiveSkate News



The first competition of the season came fast! CompetitiveSkate skaters were in Canmore Sept 22-24 for this competition. We are very proud of James Keenan who placed first in Pre-Juvenile Mens, Emma Liew who placed first in Pre-Juvenile U11 Flight A and Cooper Feser who placed second in Juvenile Mens! And let's not forget the number of skaters who achieved personal bests, reached personal goals and tried out new skating programs/levels! We also had some skaters represent the club for a competition in Regina the following weekend with Kyla and Cooper coming in 1st place for Star 7 and Juvenile U12, and James and Michael both coming in 2nd in Pre-Juvenile and Juvenile U14 respectively!

Coming up, we have the Skate Canada Alberta-NWT/Nunavut Sectionals held in Lethbridge Nov 2-5. Skaters must earn certain minimum technical points to be eligible to compete. Congrats to all our skaters who have achieved these qualifying points and will be representing the club next month at the championship competition!

Skaters competing @ Sectionals

Pre-Juvenile U11: Emerson Flanagan, Emma Liew

Pre-Juvenile Mens: James Keenan

Juvenile U14: Macy Hynes, Morgan Jones, Jocelyn McKnight, Megan Myslicki, Kyla Sterna, Rylan Vaselenak

Juvenile Men U12: Cooper Feser

Juvenile Men U14: Michael Keenan

CanSkate and CanPowerSkate News

Our recreational programs are all underway! With the help of our PA's, we offer excellent coach to skater ratio to ensure that everyone will make progress. We want everyone to have fun while participating! To that end, we invite skaters to dress up for their class on Halloween—just make sure to leave masks and props off the ice so that everyone is skating safely.

If your skater is really enjoying the CanSkate class, consider adding a second day or signing up for the winter session as well! There is a 20% discount automatically provided if you add the winter session by Nov 30. Or better yet, invite a friend to register—skating is a fun sport to enjoy with a buddy! Registration is ongoing and prorated so we would love to welcome others to the ice! We accept skaters from outside the Lake Bonavista neighborhood and your LBCA membership means you get free public skating!



Our Power Skating class is going well, with positive word of mouth resulting in many new & returning skaters! This class is designed especially for hockey and ringette players because stronger skating skills will mean a stronger game.