

Lake Bonavista FSC

October 2019



We are happy to welcome new CanSkate coaches Megan Jackson and Natalie Schell who have joined returning coach Kristin Raychert in our Learn to Skate program! We also have a great bunch of returning Program Assistants along with many new PA's who are looking forward to helping out. It's so exciting to have such a large group of skaters willing to give back to the club and share their love of skating with new skaters. We will introduce a few of our PA's in each newsletter!

Program Assistant Profiles



Natalie Ma
Natalie has been a PA for
4 years and skating for
12. Her favorite skaters
are Patrick Chan and
Kaetlyn Osmond. Her
favorite jumps are the flip
and double Salchows.
Natalie loves learning
new things!



Emma Liew
Emma has been skating
for 6 years but this is her
first year as a PA. She
loves performing and
jumping. Her favorite
jumps are double toes
and she loves sushi!



Emerson Flanagan Emma has been skating for 8 years but this is her first year as a PA as well. She loves having group lessons and every kind of spin. Outside of skating, Emerson loves math!



Erika West
Erika has been skating
for 11 years and she was
a PA last year too. She
loves having group
lessons and looks up to
Gabby Daleman. Erika's
favorite color is yellow.

Important Dates

Oct 14—skating as usual on Thanksgiving (am session 7-9)

Oct 25- Skate Sharpening

Oct 31-Nov 3 Alberta Sectionals

Nov 11—skating as usual on Remembrance Day

Nov 25—CanSkate Mini Competition

Program Assistants 2019-20

Alexa Saeger-Billling Braya Carroll Brenna Campbell Brianna Myhill Elizabeth Murashko Ellie Chuang Erika West Emerson Flanagan **Emma Liew Ethan Cheung Delaney Tacakberry** Jane Ashkham Jocelyn McKnight Katherine Li Kaydence Delon Kenzie Davidson Keara Forbes **Morgan Jones** Natalie Ma Olivia Alcocer Olivia Chen Rava Welch Rylan Vaselenak Yachi Bhojane

STARSkate & CompetitiveSkate News



It's hard to believe skaters have been back on the ice for a month already—time flies when you are having fun! The safety of skaters is our number one priority so while it was unfortunate that the harness was out of commission for awhile, we are happy to announce that the upgrades will soon be completed. Coaches and skaters are looking forward to using this valuable tool to train jumps once again.

The competition season is already underway! CompetitiveSkate skaters were in Okotoks for the Fall Invitational on Sept 27-29. There were some great skates and camaderie as skaters cheered each other on. Congratulations to Ethan Cheung for Silver in Juvenile and Justin Cheung for Silver in Pre-Juvenile!

Coming up, we have the Skate Canada Alberta-NWT/Nunavut Sectionals held right here in Calgary on Oct 31-Nov 3. Skaters must earn certain minimum technical points to be eligible to compete. Congrats to all our skaters who have achieved these qualitying points at competitions during the past year!

Skaters competing @ Sectionals

Pre-Juvenile U11: Olivia Chen, Justin Cheung, Emerson Flanagan, Erica Hayman, Reegan Power

Juvenile U12: Emma Liew, Ethan Cheung

Juvenile U14: Erika West

JorDen Rocks the Rink!

Congratulations to JorDen Tyson who has been invited to join Olympicans Scott Moir and Tessa's Rock the Rink tour! Special Olympians from across Canada will be performing across Canada, sharing the spotlight with world champions such as Patrick Chan, Elvis Stojko and Kaetlyn Osmond. JorDen will be performing Oct 13 in Grand Prairie!

Learn to Skate News

Our recreational programs are well underway! The coaches have placed skaters into groups so that they are with children working on similar skills. The Skate Canada programs are designed to keep skaters moving and having fun. It also strives to provide all children with a solid foundation whether it's so they can enjoy it recreationally or so they can participate in skating sports. We have added some Pre-CanSkate sessions times during the week so if you know some 3-5 year olds who are excited to get on the ice, please check out our website for details!

Did you know we offer discounts for anyone skating twice a week or in both fall and winter sessions? If your child is really enjoying their skating class, consider adding the second session by Nov 30 to get the discount.

