



After an unusual season last year, LBFSC was happy to run our summer program and welcome everyone back on the ice for the 2021-2022 season! We are looking forward to a great season as competitions and assessment days have resumed and precautions are in place to keep our skaters safe. Thanks to everyone using the main entrance where proof of vaccination can be shown and following the mask mandate while in the LBCA facility.

Though we said good-bye to several of our graduating senior skaters this summer, we are so excited to welcome new skaters to the STARSkate program and our LBFSC family! Hopefully the parent meeting provided more information to you about what to expect from the club and this sport. Remember if you have any questions, check with your coach!

Welcome to our new Canskate head coach, Sonya MacMillan! Sonya was recruited last year and started with us this spring.



We're also thrilled to welcome back alumni, Seema Mustaqeem who will be coaching Pre-STAR, Pre-CanSkate and CanSkate this year. It is always so amazing when skaters who started off in our programs and progress through the Skate Canada program become CanSkate coaches themselves!

### Important Dates

Oct 1-3 Fall Invitational Competition

Oct 11-Thanksgiving (all skate times are modified)

Nov 4-7 - Skate Canada Alberta Sectionals

### Program Assistants 2021-22

The following skaters have volunteered to be PA's this season and share their love of skating with new skaters!

Avery Fraser  
 Natalie Ma  
 Brianna Myhill  
 Jane Askham  
 Macy Hynes  
 Emerson Flanagan  
 Justin Cheung  
 Yachi Bhojane  
 Erica Hayman  
 Olivia Linklater  
 Erika West  
 Emma Liew  
 Lizzy Murashko  
 Reagan Power  
 Ethan Cheung  
 Olivia Chen

## STARSkate & CompetitiveSkate News



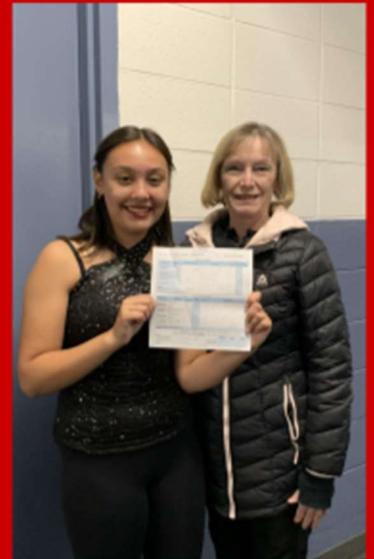
Elizabeth



Jane



Erika & Emma



Jocelyn

LBFSC hosted an assessment day to wrap up our summer program. Changes to the Skate Canada assessment program now has levels Star 1-5 (Star 1-Gold for Skills) as coach-assessed tests, while an evaluator assesses Star 6-Gold. As you can see from the list of everyone who passed their assessments, our skaters should be proud of all they've accomplished. Special congratulations go out to Elizabeth Murashko and Jane Askham for passing their Gold Skills assessments! The July assessment day was also notable for three skaters; Erika West, Emma Liew and Jocelyn McKnight, each passed their 3<sup>rd</sup> gold level assessment! Triple Gold is a major achievement for skaters as it represents many years of hard work!

### Good Luck!

The Fall Invitational will be held in Leduc, Oct 1-3 this year. The following skaters will be representing LBFSC. Please check your email for the cheer guide and streaming link.

**Pre-Juvenile U13:** Isla Boomhour

**Juvenile U12:** Reegan Power, Justin Cheung

**Juvenile U15:** Erica Hayman, Alexa Saeger-Billing, Kristen Nyrose

**Pre-Novice:** Erika West, Emma Liew, Ethan Cheung

## CanSkate News

We've had stellar registration this year and our CanSkate programs are well underway! The coaches have placed skaters into groups so that they are with children working on similar skills. The Skate Canada program is designed to keep skaters moving and having fun. It also strives to provide children with a solid foundation whether it's so they can enjoy it recreationally or so they can participate in skating sports. And with next year being an Olympic year, we anticipate interest in our CanSkate programs to remain high. While our Saturday classes are full, there are still some spots in our weekday classes so spread the word to your friends & family!

Did you know we offer discounts for anyone skating twice a week or in both fall and winter sessions? If your child is really enjoying their skating class, consider adding the second session by Nov 30 to get the discount.



# Summer Assessments

<p><b>STAR 2 - Freeskate Elements</b> Avery Fraser Maya Boiko Clara Parker Samantha Murphy</p> <p><b>STAR 4 - Freeskate Elements</b> Isla Boomhour Sofia Lehouillier</p> <p><b>STAR 5 - Freeskate Elements</b> Isla Boomhour Sofia Lehouillier Masato Aoyama</p> <p><b>STAR 6 Elements</b> Yachi Bhojane</p> <p><b>STAR 7 Elements</b> Alexa Saeger-Billing Erica Hayman Ethan Cheung Justin Cheung Olivia Chen Reegan Power</p> <p><b>STAR 8 Elements</b> Ethan Cheung</p> <p><b>STAR 9 Elements</b> Elizabeth Murashko</p> <p><b>STAR 10 Elements</b> Emma Liew Erika West</p> <p><b>STAR 1 - Freeskate</b> Lilah McLellan Paulina Levita Emily Topolay</p> <p><b>STAR 2 - Freeskate Program</b> Lilah McLellan Clara Parker</p> <p><b>STAR 3 - Freeskate Program</b> Avery Fraser Sophie Korin</p> <p><b>STAR 4 - Freeskate Program</b> Sofia Lehouillier</p>	<p><b>STAR 5 - Freeskate Program</b> Isla Boomhour Sofia Lehouillier</p> <p><b>STAR 6 - Program</b> Erica Hayman</p> <p><b>STAR 7 - Program</b> Ethan Cheung Justin Cheung Reegan Power</p> <p><b>STAR 9 - Program</b> Elizabeth Murashko</p> <p><b>Gold - Program</b> Emma Liew Erika West</p> <p><b>STAR 1 - Ice Dance</b> Clara Parker</p> <p><b>STAR 2a - Ice Dance - Dutch Waltz</b> Sophie Korin</p> <p><b>STAR 2b Ice Dance - Canasta</b> Tango Sofia Lehouillier</p> <p><b>STAR 3a Ice Dance - Baby Blues</b> Maya Boiko</p> <p><b>STAR 3b - Ice Dance</b> Isla Boomhour</p> <p><b>STAR 4a - Ice Dance - Swing Dance</b> Sofia Lehouillier</p> <p><b>STAR 4b - Ice Dance - Fiesta Tango</b> Sofia Lehouillier</p> <p><b>STAR 5a - Ice Dance - Willow Waltz</b> Ellie Chuang Sofia Lehouillier</p> <p><b>STAR 5b - Ice Dance</b> Sofia Lehouillier</p> <p><b>STAR 6a - Ten-Fox</b> Reegan Power</p> <p><b>STAR 6b - European Waltz</b> Justin Cheung</p>	<p><b>STAR 7a - Keats' Foxtrot</b> Justin Cheung Olivia Chen</p> <p><b>STAR 8a - Kilian</b> Masato Aoyama</p> <p><b>STAR 8b - Rocker Foxtrot</b> Kristen Nyrose Yachi Bhojane</p> <p><b>STAR 8c - Starlight Waltz</b> Alexa Saeger-Billing</p> <p><b>STAR 9b - Blues</b> Ethan Cheung</p> <p><b>STAR 1 - Skills</b> Hayden Goon Sophie Korin Samantha Murphy Lilah McLellan</p> <p><b>STAR 5 - Skills</b> Ellie Chuang Yachi Bhojane</p> <p><b>Star 6 - Skills</b> Justin Cheung Reegan Power</p> <p><b>STAR 7 &amp; 8 - Skills</b> Ethan Cheung</p> <p><b>Gold - Skills</b> Elizabeth Murashko Emma Liew Jane Askham</p> <p><b>STAR 5 - Artistic</b> Emerson Flanagan</p> <p><b>STAR 7 - Artistic</b> Macy Hynes</p> <p><b>Gold - Artistic</b> Jocelyn McKnight</p>
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