



## Welcome to the 2018/19 Skating Season!



Ask the skaters what is the best part of the new skating season, and most will probably mention their skating friends. We are so fortunate to have such a great group of skaters to welcome back. These skaters cheered each other on at competition and had fun together at the annual picnic held in Fish Creek Park this summer!

There will be many new faces this September as we also welcome our new junior skaters! We know it can all be a little overwhelming for parents new to the sport. Make sure you mark Sept 15 on your calendar and attend the Parent Meeting where you will learn more about what to expect. The skaters aren't the only ones who can make good friends at the rink. You will find that we have a great group of parents who are happy to share what they know and of course you should always check with your coach if you have questions.

### Club News

At our annual banquet and awards ceremony, the LBFSC presented Heather Campbell with the Marilyn Chidlow award. This Skate Canada award recognizes an outstanding club volunteer each year. Heather has served on the board for many years and is our current president. We are very appreciative of Heather's contribution to our club!



Our first teamwear sale will be immediately following the Parent Meeting on Sept 15! Order your club jackets and leggings to wear this season!

### Important Dates

- Sept 3—First Day  
STARSkate
- Sept 5—CanPowerSkate  
first day
- Sept 15 -Parent Meeting &  
Teamwear sale
- Sept 15—PA clinic 9am-12
- Sept 28-30—Fall  
Invitational Competition
- Sept 22—CanSkate&  
PreCanSkate start
- Oct 31-Nov 4--Sectionals

### Session Changes

Due to hockey evaluations, please note the following:

#### Time change Sept 9 & 16<sup>h</sup>

- 7-7:45am Jr Off Ice
- 8-8:15am Jr Stroking
- 8:15-9am Jr Freeskate
- 9-9:30am Dance
- 9:30-10:30 Int/Sr Freeskate
- 10:30-10:45 Int/Sr Stroking
- 11-12 Sr/Comp Freeskate
- 12:10-1:10 Sr Off Ice

#### At Frank McCool:

- Sept 5---4-6pm
- Sept 7—5:15-6:00
- Sept 10—4-6pm

#### Cancelled:

- Sept 19—5-6 (rescheduled for Sept 22-- 9:15-10:15)

## STARSkate & CompetitiveSkate News



Skaters worked hard this summer, preparing for the Wildrose competition held on the long weekend in Leduc. The competition was a great opportunity to try out new programs, new levels and to earn qualifying points for Sectionals. Congratulations to skaters who found their way to the podium with great skates! Reegan Power won Gold in her first Star 4 U10 event while Justin Cheung took home the Silver in Star 4 Boys. Ethan Cheung won Bronze in Star 5 and Cooper Feser won Gold in Juvenile Mens. Of course we know that achievement is measured by more than medals, so special recognition also goes out to all those skaters who showed incredible dedication all summer, who overcame injuries and who gave it their all at Wildrose!

The Skate Canada testing system gives our skaters an opportunity to demonstrate their progress and earn badges for each of the 4 disciplines. The Gold level is the highest test and a significant accomplishment that represents hours of hard work. Special congratulations go out to Jocelyn McKnight who achieved her Gold Skills test and to Brenna Campbell who achieved Gold Interpretive and Dance tests this summer!



Coming up, we have a Fall Invitational Competition in Lethbridge which will give skaters a chance to earn qualifying points for Sectionals. As well, we will be having a Program Assistant clinic for skaters over 12 who wish to help out with CanSkate.

## CanSkate News

We are looking forward to the start of our Learn to Skate programs beginning Sept 22! Both PreCanSkate and CanSkate offer skaters a great foundation as they build their confidence on the ice. It's not too late to take advantage of the discount we offer to those skating more than once a week or who register for both the fall and winter sessions.

Do you know anyone who plays ringette or hockey? Our CanPowerSkate program begins right away so that skaters are ready for their upcoming season. Registration is always ongoing with session fees prorated and we are happy to welcome those hockey and ringette players to the program!

We would also like to take this opportunity to welcome Kristin Raychert as our new head coach for CanSkate. She will be joined by Kristy Ng and Emily Berry in teaching the CanSkate program.

