



SKATE CANADA

LAKE BONAVISTA FIGURE SKATING CLUB

## Participant Equipment Standards for Learn to Skate Programs

All participants in the LBFSC, Learn to Skate programs are required to wear a Canadian Safety Association (CSA) approved helmet.

Our priority is the safety of our skaters. If you have any questions regarding these helmet standards contact us at: [info@lbfsc.ca](mailto:info@lbfsc.ca)

*Staff reserve the right to not allow a participant on the ice without the proper helmet.*



### Acceptable helmet

Helmet should fit snug, no rocking back and forth or side to side, adjust helmet as needed including the chin strap. Helmet must cover the forehead.

### Hockey Helmet - ONLY option

A hockey helmet with a cage (face shield) is required, especially for younger children.



### NOT acceptable

Participants will **NOT** be allowed on the ice with one of these helmets.

Goalie Helmet



Baseball



Bicycle



Bull Riding



Construction



Horse



Motorcycle



Mountaineering



Skateboarding



Canoe/Kayak



### Skates – Lace up skates, hockey, or figure skates

