



Important Dates

March 4—Skater Showcase

Mar 11-13 Winsport Competition

March 14-16 Test Days

March 26—Last day CanSkate winter session

March 29—Intro to STARSkate program starts

The Joannie Rochette clinic hosted by our club was a huge success! Anticipation was high as things kicked off on Friday with Joannie joining our skaters (many who were wearing their official Joannie Rochette t-shirts!) on the ice to train. And to cap it off, Joannie gave a special performance at the end of the Skater Showcase! On Sunday, skaters rotated between various sessions. Joannie led a warm up, instructed on the ice and also taught stroking—so many great tips! Meanwhile, dieticians from Food Savvy gave skaters (and the parents) practical tips on how to meet the nutritional needs of young athletes. The off-ice session was a unique experience for the skaters as they got to work with the Patti Falconer International Model and Talent Agency. Great memories for everyone!



Club News



Stars on Ice is coming to Calgary on Sunday, May 15th. It is a great opportunity to see world class talent such as Patrick Chan, Joannie Rochette and Tessa & Scott just to name a few. We are able to offer preferred pricing for most seats when you purchase through the club. As a group, we have access to the pre-show and possibly a photo opportunity with one of the athletes! Please go to Registration--Other Products to order your tickets by April 14th.

Taking care of your blades is so important! Skates need to be sharpened properly for optimum performance. Last month, we were happy to bring in Denis from La Rochelle Skate Service. Families appreciated the convenience of a good sharpening at the rink. With upcoming test days and competitions, we will have Denis out again to make sure those blades are in great shape! Watch your email for the next date to sign up!

Thanks to everyone who attended our Annual General Meeting last month! This club is run by volunteers who work hard to support the coaches and skaters at all levels. We anticipate a couple of vacancies on the board next year, so please consider getting involved! You don't need any experience or in depth knowledge of skating yourself—just a desire to help out! Please email president@lbfsc.ca if you are interested in learning more about vacant positions.

STARSkate & CompetitiveSkate News



We had a couple of fabulous Skater Showcases last month! Not only did skaters have the opportunity to perform their programs in front of an audience, but they also had a chance to support each other. It was so nice to see the skaters cheering each other on, both behind the scenes and in the stands! This camaraderie is something we are so proud of at LBFSC and we are looking forward to the final showcase this month!

Congratulations to skaters who tested at Glencoe last month! The club had a 100% success rate with every skater passing their test! Please see page 3 for a full list of skaters and tests for both Jan and Feb. We have a couple more test days coming up this month and are sure that our skaters are well prepared!

Good luck to skaters who will be competing at the Calgary Invitational this month! Several of our skaters will be debuting new programs and competing at a new level!

Program Assistants

Thanks to the PA's who have been such great role models this season!

Brenna Campbell
Nicole Dupuis
Danielle Eagleson
Kristen Friesen
Dena Gorbach
Kailie Gudnason
Alexandra Hallett
Jada Hynes
Macy Hynes
Morgan Jones
Nicole Kraft
Megan Lye
Natalie Ma
Jocelyn McKnight
Seema Mustaqeem
Carly Ruhe-Hovdebo
Oksana Ruhe-Hovdebo
Natalie Schell
Kyla Sterna
Meghan Wilcox
Miranda Wilson
Brooklyn Zavisha
Jordan Zavisha

CanSkate News

It's hard to believe that our winter session of CanSkate is coming to a close this month! This month, skaters are working on a little demonstration for all the parents! It's a great chance for the skaters to dress up and for parents to take photos. Skaters will also receive their ribbons and badges this month!

Is your skater interested in continuing to develop his/her skills? Our **Intro to the Large Ice** program allows potential new Juniors to meet the full time coaches and skate on the large ice. Skaters who hope to transition to STARSkate will have the opportunity to skate on the large ice twice a week for 5 weeks. Please speak to your CanSkate coach if you have questions about this program.



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Senior Bronze Freeskate Pt 2

Megan Lye

Sr Silver Freeskate Pt 2

Juan David Castillo
Megan Wilcox

Preliminary Skating Skills

Deacon Sterna

Senior Bronze Skills

Jocelyn McKnight
Miranda Wilson
Veronica Yuffa

Jr Silver Skills

Meghan Wilcox
Rylan Vaselenak

Gold Skills

Sydney Zorn

Intro Interpretive

Megan Lye

Bronze Interpretive

Megan Lye

Dutch Waltz

Alina Kobrusev
Sofie Andersen Samaska
Keara Forbes
Ethan Cheung

Canasta Tango

Alexa Saeger-Billing
Katrina Ebuenga
Violette Raimondi
Elizabeth Murashko
Kate Feser

Baby Blues

Kaitlynn Carver
Alexa Saeger-Billing
Katrina Ebuenga

Swing

Angelica Bathory-Frota
Masato Aoyama
Kaydence Delon

Fiesta Tango

Angelica Bathory-Frota

Willow Waltz

Deacon Sterna

Ten Fox

Brooklyn Zavisha
Nick Rasskazov

Fourteen Step

Raine Wierstra
Cooper Feser

European

Jane Martynychov

Keats Foxtrot

Morgan Jones

Killian

Rylan Vaselenak

Paso Doble

Meghan Wilcox

Starlight Waltz

Macy Hynes
Carly Ruhe-Hovdebo

Quickstep

Jada Hynes