



The Joannie Rochette clinic hosted by our club was a huge success! Anticipation was high as things kicked off on Friday with Joannie joining our skaters (many who were wearing their official Joannie Rochette t-shirts!) on the ice to train. And to cap it off, Joannie gave a special performance at the end of the Skater Showcase! On Sunday, skaters rotated between various sessions. Joannie led a warm up, instructed on the ice and also taught stroking—so many great tips! Meanwhile, dieticians from Food Savvy gave skaters (and the parents) practical tips on how to meet the nutritional needs of young athletes. The off-ice session was a unique experience for the skaters as they got to work with the Patti Falconer International Model and Talent Agency. Great memories for everyone!

## Important Dates

March 4—Skater Showcase

Mar 11-13 Winsport Competition

March 14-16 Test Days

March 26—Last day CanSkate winter session

March 29—Intro to STARSkate program starts



Taking care of your blades is so important! Skates need to be sharpened properly for optimum performance. Last month, we were happy to bring in Denis from La Rochelle Skate Service. Families appreciated the convenience of a good sharpening at the rink. With upcoming test days and competitions, we will have Denis out again to make sure those blades are in great shape! Watch your email for the next date to sign up!

## Club News



Stars on Ice is coming to Calgary on Sunday, May 15<sup>th</sup>. It is a great opportunity to see world class talent such as Patrick Chan, Joannie Rochette and Tessa & Scott just to name a few. We are able to offer preferred pricing for most seats when you purchase through the club. As a group, we have access to the pre-show and possibly a photo opportunity with one of the athletes! Please go to Registration--Other Products to order your tickets by April 14<sup>th</sup>.

Thanks to everyone who attended our Annual General Meeting last month! This club is run by volunteers who work hard to support the coaches and skaters at all levels. We anticipate a couple of vacancies on the board next year, so please consider getting involved! You don't need any experience or in depth knowledge of skating yourself—just a desire to help out! Please email [president@lbfsc.ca](mailto:president@lbfsc.ca) if you are interested in learning more about vacant positions.

## STARSkate & CompetitiveSkate News



We had a couple of fabulous Skater Showcases last month! Not only did skaters have the opportunity to perform their programs in front of an audience, but they also had a chance to support each other. It was so nice to see the skaters cheering each other on, both behind the scenes and in the stands! This camaraderie is something we are so proud of at LBFSC and we are looking forward to the final showcase this month!

Congratulations to skaters who tested at Glencoe last month! The club had a 100% success rate with every skater passing their test! Please see page 3 for a full list of skaters and tests for both Jan and Feb. We have a couple more test days coming up this month and are sure that our skaters are well prepared!

Good luck to skaters who will be competing at the Calgary Invitational this month! Several of our skaters will be debuting new programs and competing at a new level!

### Program Assistants

Thanks to the PA's who have been such great role models this season!

Brenna Campbell  
Nicole Dupuis  
Danielle Eagleson  
Kristen Friesen  
Dena Gorbach  
Kailie Gudnason  
Alexandra Hallett  
Jada Hynes  
Macy Hynes  
Morgan Jones  
Nicole Kraft  
Megan Lye  
Natalie Ma  
Jocelyn McKnight  
Seema Mustaqeem  
Carly Ruhe-Hovdebo  
Oksana Ruhe-Hovdebo  
Natalie Schell  
Kyla Sterna  
Meghan Wilcox  
Miranda Wilson  
Brooklyn Zavisha  
Jordan Zavisha

## CanSkate News

It's hard to believe that our winter session of CanSkate is coming to a close this month! This month, skaters are working on a little demonstration for all the parents! It's a great chance for the skaters to dress up and for parents to take photos. Skaters will also receive their ribbons and badges this month!

Is your skater interested in continuing to develop his/her skills? Our **Intro to the Large Ice** program allows potential new Juniors to meet the full time coaches and skate on the large ice. Skaters who hope to transition to STARSkate will have the opportunity to skate on the large ice twice a week for 5 weeks. Please speak to your CanSkate coach if you have questions about this program.



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and photos!

**Senior Bronze Freeskate Pt 2**

Megan Lye

**Sr Silver Freeskate Pt 2**

Juan David Castillo  
Megan Wilcox

**Preliminary Skating Skills**

Deacon Sterna

**Senior Bronze Skills**

Jocelyn McKnight  
Miranda Wilson  
Veronica Yuffa

**Jr Silver Skills**

Meghan Wilcox  
Rylan Vaselenak

**Gold Skills**

Sydney Zorn

**Intro Interpretive**

Megan Lye

**Bronze Interpretive**

Megan Lye

**Dutch Waltz**

Alina Kobrusev  
Sofie Andersen Samaska  
Keara Forbes  
Ethan Cheung

**Canasta Tango**

Alexa Saeger-Billing  
Katrina Ebuenga  
Violette Raimondi  
Elizabeth Murashko  
Kate Feser

**Baby Blues**

Kaitlynn Carver  
Alexa Saeger-Billing  
Katrina Ebuenga

**Swing**

Angelica Bathory-Frota  
Masato Aoyama  
Kaydence Delon

**Fiesta Tango**

Angelica Bathory-Frota

**Willow Waltz**

Deacon Sterna

**Ten Fox**

Brooklyn Zavisha  
Nick Rasskazov

**Fourteen Step**

Raine Wierstra  
Cooper Feser

**European**

Jane Martynychov

**Keats Foxtrot**

Morgan Jones

**Killian**

Rylan Vaselenak

**Paso Doble**

Meghan Wilcox

**Starlight Waltz**

Macy Hynes  
Carly Ruhe-Hovdebo

**Quickstep**

Jada Hynes