## STAR 2a - Dutch Waltz Pattern Dance

## **Suggested Introductory Steps:**

## Two straight steps, LF of three beats, and RF of three beats.

The dance starts in one corner of the rink, progressing down the side and across the end where it repeats down the other side and across the end to the start; thus, requiring two sequences of the dance for one round of the rink.

The dance is skated to slow, deliberate waltz music and consists mostly of progressive sequences interspersed with long rolling edges. It thus allows beginners to devote their attention to getting the feel of the music instead of worrying about complicated steps, and allows them to enjoy rhythmical motion in their skating.

Upright position, good carriage, and easy flow without too much effort are desired in the dance.

Music	Tempo	Pattern
• Waltz ¾	<ul><li>46 measures of 3 beats</li><li>138 beats per minute</li></ul>	· Set
Inventor	First Performed	
George Muller	Colorado Springs, 1948	

Hold (optional)	Step No.	Step (same for both)	# of beats	
Kilian	1	LFO	2	
	2	RFI-Pr	1	Focus Area #1
	3	LFO	3	
	4	RFO-SwR	6	Focus Area #2
	5	LFO- SwR	6	
	6	RFO	2	

7	LFI-Pr	1	
8	RFO	3	
9	LFO	3	Focus Area #3
10	RFI-Pr	3	1 0000 / 1100 //0
11	LFO	2	
12	RFI-Pr	1	
13	LFO	3	
14	RFO- SwR	6	
15	LFO	3	
16	RFI-Pr	3	

