

STAR 5a – Willow Waltz Pattern Dance

Suggested Introductory Steps:

Man: RFO (3), LFO (2), chasse RFI, steps 20 to 22

Woman: RFO (3), LFO (3), steps 20 to 22

(Woman on man's right)

Erect carriage and waltz rhythm should be maintained throughout the dance. If partnered, partners should skate close together and strive for neat footwork. Good flow and pace are desirable and should be strived for without obvious effort and visible pushing.

Music	Tempo	Pattern
Waltz 3/4	<ul style="list-style-type: none"> · 46 measures of 4 beats · 138 beats per minute 	Set
Inventor	First Performed	
George Muller	Crystal Ice Palace, Willow Springs (Chicago) - 1953	

Hold (optional)	Step No.	Male Steps		# of beats	Female Steps	
Closed	1		RFO	2	LBO	
	2		LFI-Ch	1	RBI-Ch	
	3		RFO	3	LBO	
	4		LFO	3	RBO	
	5		RFI	3	*LFO	
			OpMo			
	6		LBI	3	* RFI	
	7		RBO	3	LFO	
	8	Focus Area #1	LBO	3, 2 + 1	RFO3	Focus Area #1
9	RFO		2	LBO		

	10		LFI-Pr	1	RBI-Pr	
	11		RFO	3	LBO	
	12		LFO	2	RBO	
	13		RFI-Ch	1	LBI-Ch	
	14	Focus Area #2	LFO3	2 + 1, 3	RBO	
	15	Focus Area #3	RBO	3	LFO	Focus Area #2
	16		LBO	3	RFO	
	17		RBI	3	LFI	
	18		*LFO	3	RFI	
					OpMo	
	19		*RFI	3	LBI	
	20		LFO	2	RBO	Focus Area #3
	21		RFI-Pr	1	LBI-Pr	
	22		LFO	3	RBO	
*LFO, RFI progressive step optionally a slide chasse						

Tips for partnering and execution:

The Willow Waltz is skated in closed hold throughout.

Steps 1 and 2 are chasse steps for both partners.

Steps 5 and 6 for the man form an inside open mohawk with a three-beat RFI leading into it and a three-beat LBI leading out.

Step 6 for the woman (and step 19 for the man) may be skated, optionally, as a slide chasse, in which case the free foot slides off the ice in front of the skater to match the partner's free leg at this step. The woman's step 8 is a three turned on a beat three.

Steps 9, 10 and 11 form a progressive sequence for both partners and are followed by a chasse sequence, steps 12 and 13.

The man's step 14 is a three turned on beat three; (NOTE: not a European Waltz type of three as it is not a cross roll take-off).

Steps 18 and 19 form an inside open mohawk for the woman with each step held for three beats. Step 19 for the man may be skated optionally as a slide chasse.

Steps 20, 21 and 22 are a progressive sequence for both partners

FA = Focus Area

Set Pattern Dance

